



The mission of Healthy Hampshire is to reduce rates of chronic disease in partner communities by effecting changes to policies and systems that encourage physical activity, healthy food access, improved patient care, and linkages between healthcare systems and community-level prevention activities.



Healthy Eating: Increase availability, access, and awareness of healthy food in retailers, institutions, and food pantries, especially for limited resource residents



Active Living: Encourage physical activity in daily life by collaborating with municipalities to make changes to the built environment



Clinical Prevention: Decrease risk for chronic disease and develop opportunities for residents to make healthy choices by fostering linkages between healthcare systems and community-level prevention



Community Engagement: Work in partnership with residents most affected by health inequity to build community capacity and advocate for public policy change

To learn more contact Caitlin Marquis, Healthy Hampshire Manager
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Healthy Hampshire is focused on improving people's health in Hampshire County and the Hilltowns by collaborating with municipal leaders, elected officials, public health departments, planners, businesses, community organizations, and residents.

Through our work, the residents who are the most impacted by health inequities are involved in developing solutions, making decisions, and leading projects.



Healthy Hampshire part of the Mass in Motion statewide initiative through the MA Department of Public Health.

It is administered by the City of Northampton in partnership with the Collaborative for Educational Services.