

# ROUTE DESCRIPTIONS


1.

**MOUNT ROAD ROUTE – CHALLENGING**  
Walking uphill on a little-used road, you come to Mount Road Cemetery with gravestones from the 1700s. After a picturesque farmhouse, the road levels out at an apple orchard with scenic views. Park off the road, avoiding driveways.
2.

**CHESTERFIELD GORGE TRAIL – MODERATE**  
The East Branch Trail (along River Rd) starts at the Trustees of Reservations site with its superb view of the steep-sided Gorge. Park in the Trustees’ lot (modest fee) or across the way at the Four Seasons Club (donation requested). The unmaintained shady dirt road runs eight miles downriver to the Knightville Dam in Huntington.
3.


**SMITH ROAD ROUTE – EASY**  
This route goes along the shoulder of a paved road (slightly downhill the first leg). You may park at the school outside of school hours.
4.

**OLD CHESTERFIELD ROAD ROUTE – MODERATE**  
From Sugar Hill Road, take Old Chesterfield Road to the end of pavement and park off-road in the turnaround (avoid private driveway). The dirt road continues downhill to the Dead Branch/Fisk Meadow (not good for swimming). Particularly beautiful in fall, this extensive swamp has beaver, waterfowl, pickerel, and perch.
5.

**BAGG ROAD LOOP – EASY**  
This walk combines gravel country road with historic town center: Chesterfield’s town offices in the old school building, town hall, Congregational Church, library, and post office. The nearby Chesterfield General Store and Cafe serves salads, delicious pizza, and pastries. On busy Route 143, please walk on the shoulder. Parking at Russell Park.
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6.

**BRYANT STREET LOOP – MODERATE**  
This “walk around the block” is 3.6 miles along quiet paved country roads with moderate up and down, passing hilltown farms, fields, gardens, goats, horses. Parking at Russell Park.
7.

**BISBEE MILL MUSEUM LOOP – MODERATE**  
Park at the historic Bisbee Mill Museum. Moderate ups and downs take you through neighborhoods and the historic town center. On busy Route 143, please keep to the shoulder.
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8.

**DEAD BRANCH TRAIL – MODERATE**  
This new addition to the **Silvio O. Conte Wildlife Refuge** starts with an open meadow (a former sawmill site) and offers additional hikes including a trail to the Dead Branch. Park at the kiosk off East Street.
9.

**BOFAT HILL ROUTE – MODERATE**  
This route starts with a half-mile of dirt road, then continues downhill on unmaintained road past a pretty wetland area with abundant mountain laurel and ends in Westhampton. This route is good for birdwatching and peaceful walking through rich woodlands. Parking at Chesterfield Products (11 Bofat Hill Rd.). Please do not park in road or block driveways.
10.

**KRUG SUGARBUSH TRAIL – MODERATE**  
This Massachusetts DCR site honors the Krug family’s sugaring operation. A woods road takes you past striking stone outcrops, wildflowers, and chickadees. At the first corner of the sugarhouse, bear right down another woods road, across a culvert at the bottom, then slightly uphill. Bear left onto another woods road back to the sugarhouse. Please respect private property; no access to Long Pond from here. Best in early spring (trail not mowed in the summer). Park off the road, avoiding driveways.

11.

**INDIAN HOLLOW ROUTE – EASY**  
This short route accesses the Westfield River at Indian Hollow Campground (Army Corps of Engineers). Take Indian Hollow Rd (observing speed limit and watching for chickens!) to the parking at the campground gate. Walk ahead toward the river, then take the leftwards path to the riverbank with mergansers and kingfishers. If campground is in use, please respect campers’ privacy.
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**TICK WARNING**

- Check your body and clothing for ticks
- Use insect repellent
- Seek medical attention if rash or fever occurs.

**TIPS FOR YOUR WALK**



**WARM-UP AND S-T-R-E-T-C-H!**  
Before starting any exercise, move around to warm-up your muscles (walk in place, etc).

**REMEMBER THE FOLLOWING** so you are prepared for any change of plans or weather:

- 1. Water, food or snack
- 2. Sunscreen or hat
- 3. Bring an extra layer (jacket, etc.) and wear comfortable, supportive shoes
- 4. Walking map
- 5. Cell phone, emergency numbers


**COOL DOWN** – Slow your pace towards the end of the walk. Stretch your legs and arms.

**BE SAFE!**

- Wear bright, reflective clothing
- Walk against traffic on busier routes



**WALK YOUR WAY TO HEALTH**



**WALKING IS** perhaps the simplest positive change you can make to improve your health, and it’s an exercise that’s easy to stick with.

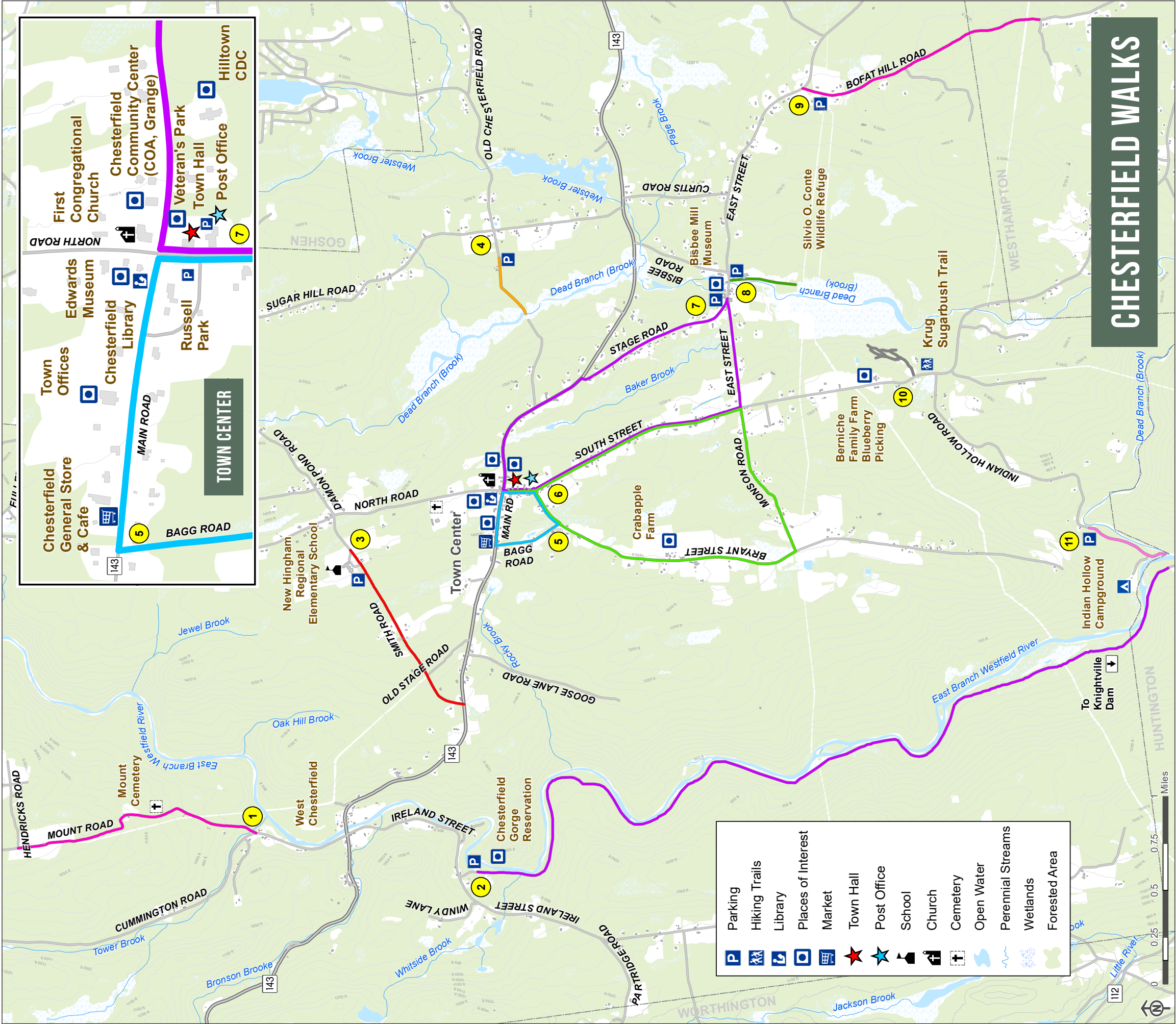
**WALKING JUST 30 MINUTES A DAY MAY:**

- Reduce the risk of heart disease
- Maintain a healthy weight
- Help prevent type-2 diabetes
- Decrease risk of some cancers
- Boost energy levels
- Prevent/manage high blood pressure

**1 IN 3 AMERICAN ADULTS HAS PREDIABETES. DO YOU?**

Visit [doihaveprediabetes.org](https://doihaveprediabetes.org) to find out or call the Hilltown Community Health Center to take the risk test now:  
**(413) 667-2203**





The information depicted on this map is for planning purposes only. It is not adequate for legal boundary definition, regulatory interpretation, or parcel-level analysis.

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